

2026-03-01 Yorkeys Knob Duathlon

Sprint Duathlon

Athlete Split Times - By Surname - Detailed

	Race Time	Split Time	Pos OA	Behind OA	vs Avg OA	Pos Gen	Behind Gen	Pos Cat	Behind Cat
Adsett, Harriet - 71									
Run1	00:26:28	00:26:28	39	+11:59	+02:11	9	+08:08	4	+03:23
T1	00:28:14	00:01:46	40	+01:11	-01:23	12	+00:57	5	+00:57
Cycle	01:14:31	00:46:16	44	+18:35	+05:18	11	+10:15	5	+10:15
T2	01:16:17	00:01:46	18	+01:07	+00:26	9	+00:49	2	+00:49
Finish	01:29:43	00:13:25	23	+04:00	-00:33	4	+01:48	2	+01:48
Atkinson, James - 75									
Run1	00:21:55	00:21:55	19	+07:25	-02:22	12	+04:20	2	+00:01
T1	00:22:58	00:01:02	20	+00:28	-02:06	15	+00:28	3	+00:11
Cycle	01:12:05	00:49:07	49	+21:26	+08:09	32	+18:17	8	+13:09
Finish	01:23:42	00:11:36	11	+02:12	-02:22	9	+02:12	3	+00:35
Barber, Clive - 56									
Run1	00:27:11	00:27:11	42	+12:41	+02:53	29	+09:36	2	+01:08
T1	00:28:41	00:01:30	36	+00:55	-01:39	23	+00:55	2	+00:26
Cycle	01:07:00	00:38:19	22	+10:37	-02:39	19	+07:29	2	+00:34
Finish	01:23:35	00:16:35	49	+07:10	+02:37	32	+07:10	2	+02:42
Buckley, Angela - 39									
Run1	00:18:29	00:18:29	7	+04:00	-05:48	2	+00:09	1	
T1	00:40:41	00:22:11	53	+21:37	+19:03	17	+21:23	6	+21:06
Cycle	01:34:36	00:53:55	52	+26:13	+12:57	16	+17:54	5	+14:06
T2	01:37:25	00:02:48	21	+02:09	+01:28	11	+01:51	3	+01:07
Finish	01:59:12	00:21:46	53	+12:22	+07:49	16	+10:10	5	+09:50
Burns, Nadine - 61									
Run1	00:25:38	00:25:38	33	+11:08	+01:21	6	+07:18	3	+02:33
T1	00:26:59	00:01:21	30	+00:46	-01:48	8	+00:33	3	+00:33
Cycle	01:03:01	00:36:01	12	+08:19	-04:57	1		1	
Finish	01:17:16	00:14:15	28	+04:50	+00:17	6	+02:38	4	+02:38
Campbell, Andrew - 76									
Run1	00:28:24	00:28:24	47	+13:54	+04:06	31	+10:49	9	+10:49
T1	00:29:46	00:01:22	31	+00:48	-01:47	21	+00:48	5	+00:23
Cycle	01:09:53	00:40:06	29	+12:25	-00:52	24	+09:17	7	+07:16
Finish	01:25:58	00:16:05	47	+06:40	+02:07	30	+06:40	9	+04:14
Cunningham, Quentin - 35									
Run1	00:21:54	00:21:54	18	+07:24	-02:23	11	+04:19	1	
T1	00:22:46	00:00:52	8	+00:17	-02:17	6	+00:17	1	
Cycle	00:58:44	00:35:58	11	+08:16	-05:00	10	+05:08	1	
T2	00:59:36	00:00:52	5	+00:12	-00:28	3	+00:12	2	+00:03
Finish	01:10:43	00:11:06	9	+01:41	-02:52	8	+01:41	2	+00:05
Docking, Bayden - 74									
Run1	00:30:54	00:30:54	50	+16:24	+06:36	33	+13:19	10	+13:19
T1	00:32:52	00:01:58	45	+01:24	-01:10	28	+01:24	7	+01:00
Cycle	01:17:53	00:45:00	39	+17:19	+04:02	28	+14:11	8	+12:10
T2	01:20:24	00:02:30	20	+01:51	+01:10	8	+01:51	1	
Finish	01:38:38	00:18:14	51	+08:49	+04:16	33	+08:49	10	+06:22

2026-03-01 Yorkeys Knob Duathlon

Sprint Duathlon

Athlete Split Times - By Surname - Detailed

Dowd, Ayden - 46	Race Time	Split Time	Pos OA	Behind OA	vs Avg OA	Pos Gen	Behind Gen	Pos Cat	Behind Cat
Run1	00:24:33	00:24:33	29	+10:04	+00:16	20	+06:58	5	+02:39
T1	00:26:42	00:02:08	47	+01:33	-01:01	30	+01:33	8	+01:16
Cycle	01:11:35	00:44:53	38	+17:12	+03:55	27	+14:03	7	+08:55
T2	01:12:58	00:01:23	14	+00:43	+00:02	7	+00:43	4	+00:34
Finish	01:27:47	00:14:48	35	+05:24	+00:51	24	+05:24	7	+03:47
Durose, Kevin - 66	Race Time	Split Time	Pos OA	Behind OA	vs Avg OA	Pos Gen	Behind Gen	Pos Cat	Behind Cat
Run1	00:21:47	00:21:47	14	+07:18	-02:30	9	+04:13	4	+04:13
T1	01:01:53	00:40:05	54	+39:30	+36:56	33	+39:30	10	+39:06
Finish	01:13:44	00:11:51	13	+02:26	-02:07	10	+02:26	1	
Elliott, Rebecca - 41	Race Time	Split Time	Pos OA	Behind OA	vs Avg OA	Pos Gen	Behind Gen	Pos Cat	Behind Cat
Run1	00:21:51	00:21:51	17	+07:22	-02:26	3	+03:31	2	+03:22
T1	00:23:04	00:01:12	25	+00:38	-01:57	6	+00:24	2	+00:06
Cycle	01:02:53	00:39:49	28	+12:07	-01:09	4	+03:48	1	
Finish	01:14:50	00:11:56	14	+02:32	-02:02	2	+00:20	1	
Finney, Emma - 33	Race Time	Split Time	Pos OA	Behind OA	vs Avg OA	Pos Gen	Behind Gen	Pos Cat	Behind Cat
Run1	00:28:13	00:28:13	45	+13:43	+03:55	12	+09:52	4	+09:43
T1	00:29:42	00:01:29	34	+00:55	-01:39	10	+00:41	3	+00:23
Cycle	01:12:36	00:42:53	34	+15:11	+01:55	7	+06:52	3	+03:04
Finish	01:28:36	00:16:00	46	+06:35	+02:02	13	+04:23	3	+04:04
Forbes, Alex - 68	Race Time	Split Time	Pos OA	Behind OA	vs Avg OA	Pos Gen	Behind Gen	Pos Cat	Behind Cat
Run1	00:18:10	00:18:10	5	+03:41	-06:07	3	+00:35	1	
T1	00:19:21	00:01:11	24	+00:36	-01:58	17	+00:36	4	+00:21
Cycle	00:50:11	00:30:50	2	+03:08	-10:08	1		1	
Finish	01:00:03	00:09:52	4	+00:27	-04:06	3	+00:27	1	
Fowley, Peter - 49	Race Time	Split Time	Pos OA	Behind OA	vs Avg OA	Pos Gen	Behind Gen	Pos Cat	Behind Cat
Run1	00:24:43	00:24:43	30	+10:13	+00:26	21	+07:08	6	+06:33
T1	00:26:29	00:01:46	41	+01:11	-01:23	27	+01:11	6	+00:56
Cycle	01:13:02	00:46:32	45	+18:51	+05:34	30	+15:42	6	+15:42
Finish	01:28:21	00:15:18	42	+05:54	+01:21	28	+05:54	6	+05:27
Garnett, Josh - 37	Race Time	Split Time	Pos OA	Behind OA	vs Avg OA	Pos Gen	Behind Gen	Pos Cat	Behind Cat
Run1	00:21:37	00:21:37	12	+07:08	-02:40	7	+04:03	2	+04:03
T1	00:22:37	00:00:59	12	+00:24	-02:10	8	+00:24	1	
Cycle	00:59:02	00:36:25	14	+08:44	-04:33	11	+05:36	3	+03:35
Finish	01:11:02	00:11:59	15	+02:34	-01:59	11	+02:34	2	+00:08
Geue, Kirrily - 57	Race Time	Split Time	Pos OA	Behind OA	vs Avg OA	Pos Gen	Behind Gen	Pos Cat	Behind Cat
Run1	00:32:15	00:32:15	52	+17:45	+07:57	15	+13:54	5	+13:45
T1	00:34:11	00:01:56	43	+01:22	-01:12	14	+01:08	4	+00:50
Cycle	01:27:19	00:53:07	51	+25:26	+12:09	15	+17:06	4	+13:18
T2	01:29:22	00:02:02	19	+01:23	+00:42	10	+01:05	2	+00:21
Finish	01:47:32	00:18:10	50	+08:45	+04:12	14	+06:34	4	+06:14
Giorgetti, Silvano - 55	Race Time	Split Time	Pos OA	Behind OA	vs Avg OA	Pos Gen	Behind Gen	Pos Cat	Behind Cat
Run1	00:22:17	00:22:17	22	+07:47	-02:01	15	+04:42	4	+04:07
T1	00:23:33	00:01:16	27	+00:41	-01:53	19	+00:41	5	+00:26
Cycle	00:59:59	00:36:26	15	+08:44	-04:32	12	+05:36	5	+05:36
T2	01:01:21	00:01:22	13	+00:42	+00:01	6	+00:42	2	+00:22
Finish	01:12:08	00:10:47	5	+01:22	-03:11	4	+01:22	2	+00:55

2026-03-01 Yorkeys Knob Duathlon

Sprint Duathlon

Athlete Split Times - By Surname - Detailed

	Race Time	Split Time	Pos OA	Behind OA	vs Avg OA	Pos Gen	Behind Gen	Pos Cat	Behind Cat
Hadland, Ingrid - 53									
Run1	00:30:58	00:30:58	51	+16:29	+06:41	14	+12:38	1	
T1	00:32:51	00:01:52	42	+01:17	-01:17	13	+01:04	1	
Cycle	01:15:15	00:42:24	32	+14:43	+01:26	5	+06:23	1	
T2	01:16:41	00:01:25	15	+00:46	+00:05	6	+00:28	1	
Finish	01:32:32	00:15:50	45	+06:26	+01:53	12	+04:14	1	
Harris, Aaron - 59									
Run1	00:22:00	00:22:00	20	+07:31	-02:17	13	+04:25	3	+03:50
T1	00:23:02	00:01:01	15	+00:27	-02:07	11	+00:27	3	+00:12
Cycle	00:58:30	00:35:27	9	+07:46	-05:31	8	+04:38	4	+04:38
Finish	01:10:41	00:12:11	17	+02:46	-01:47	13	+02:46	5	+02:19
Harris, Jacinta - 64									
Run1	00:26:05	00:26:05	36	+11:36	+01:48	8	+07:45	1	
T1	00:27:21	00:01:16	28	+00:41	-01:53	7	+00:27	2	+00:14
Cycle	01:14:49	00:47:27	47	+19:46	+06:29	12	+11:26	1	
T2	01:15:50	00:01:00	8	+00:21	-00:20	2	+00:03	1	
Finish	01:30:32	00:14:41	32	+05:17	+00:43	7	+03:05	1	
Hatch, Derek - 34									
Run1	00:26:54	00:26:54	40	+12:24	+02:37	27	+09:19	7	+09:19
T1	00:27:56	00:01:01	16	+00:27	-02:07	12	+00:27	2	+00:03
Cycle	01:06:17	00:38:21	23	+10:39	-02:37	20	+07:31	6	+05:31
Finish	01:20:55	00:14:37	31	+05:12	+00:39	23	+05:12	7	+02:46
Hebb, Joseph - 42									
Run1	00:26:08	00:26:08	37	+11:38	+01:50	25	+08:33	7	+04:14
T1	00:27:23	00:01:15	26	+00:41	-01:53	18	+00:41	4	+00:24
Cycle	01:07:31	00:40:07	30	+12:26	-00:51	25	+09:18	5	+04:09
Finish	01:21:59	00:14:28	30	+05:03	+00:30	22	+05:03	6	+03:27
Inglis, Daniel - 29									
Run1	00:21:48	00:21:48	15	+07:19	-02:29	10	+04:13	5	+04:13
T1	00:23:11	00:01:23	32	+00:48	-01:46	22	+00:48	6	+00:24
Cycle	00:56:02	00:32:50	5	+05:09	-08:08	4	+02:01	2	+00:01
Finish	01:08:56	00:12:53	21	+03:28	-01:05	16	+03:28	4	+01:02
Ireland, Glenn - 70									
Run1	00:23:29	00:23:29	26	+09:00	-00:48	18	+05:55	5	+05:20
T1	00:24:20	00:00:50	6	+00:15	-02:19	4	+00:15	1	
Cycle	00:59:21	00:35:01	8	+07:20	-05:57	7	+04:11	3	+04:11
T2	01:00:21	00:01:00	7	+00:20	-00:20	4	+00:20	1	
Finish	01:11:22	00:11:00	6	+01:35	-02:58	5	+01:35	3	+01:08
Johnston, Stephanie - 28									
Run1	00:28:01	00:28:01	44	+13:32	+03:44	11	+09:41	1	
T1	00:29:31	00:01:30	35	+00:55	-01:39	11	+00:41	2	+00:34
Cycle	01:14:41	00:45:09	40	+17:28	+04:11	9	+09:08	1	
T2	01:16:16	00:01:35	16	+00:56	+00:15	7	+00:38	2	+00:30
Finish	01:30:59	00:14:42	33	+05:17	+00:44	8	+03:06	1	

2026-03-01 Yorkeys Knob Duathlon

Sprint Duathlon

Athlete Split Times - By Surname - Detailed

	Race Time	Split Time	Pos OA	Behind OA	vs Avg OA	Pos Gen	Behind Gen	Pos Cat	Behind Cat
Kelly, Dj - 54									
Run1	00:24:55	00:24:55	31	+10:26	+00:38	22	+07:20	2	+01:27
T1	00:26:31	00:01:35	37	+01:01	-01:33	24	+01:01	3	+01:00
Cycle	01:02:17	00:35:45	10	+08:04	-05:13	9	+04:55	1	
Finish	01:17:06	00:14:49	36	+05:25	+00:52	25	+05:25	2	+02:41
Lydeamore, Darren - 36									
Run1	00:26:25	00:26:25	38	+11:56	+02:08	26	+08:50	3	+02:57
T1	00:27:25	00:00:59	13	+00:25	-02:09	9	+00:25	2	+00:24
Cycle	01:05:10	00:37:44	19	+10:03	-03:14	16	+06:55	2	+01:59
Finish	01:20:00	00:14:50	37	+05:25	+00:52	26	+05:25	3	+02:42
Mccullagh, Kai - 72									
Run1	00:23:04	00:23:04	23	+08:34	-01:13	16	+05:29	4	+01:10
T1	00:24:48	00:01:43	39	+01:09	-01:25	26	+01:09	6	+00:52
Cycle	01:03:31	00:38:43	25	+11:01	-02:15	22	+07:53	4	+02:45
Finish	01:16:49	00:13:18	22	+03:54	-00:40	17	+03:54	5	+02:17
Might Have Made Him Do It,									
Run1	00:14:29	00:14:29	1		-09:48	1		1	
T1	00:29:36	00:15:06	51	+14:32	+11:58	3	+14:20	3	+14:20
Cycle	01:11:45	00:42:08	31	+14:27	+01:10	2	+14:27	2	+14:27
Finish	01:26:36	00:14:51	38	+05:26	+00:53	3	+05:18	3	+05:18
Milroy, Ash - 62									
Run1	00:21:43	00:21:43	13	+07:13	-02:34	8	+04:08	3	+04:08
T1	00:22:45	00:01:01	17	+00:27	-02:07	13	+00:27	3	+00:03
Cycle	00:59:32	00:36:47	17	+09:05	-04:11	14	+05:57	4	+03:57
Finish	01:11:47	00:12:15	18	+02:50	-01:43	14	+02:50	3	+00:24
O'connor, Liz - 65									
Run1	00:30:39	00:30:39	49	+16:09	+06:22	13	+12:19	2	+02:38
T1	00:31:35	00:00:56	11	+00:21	-02:13	2	+00:07	1	
Cycle	01:20:34	00:48:59	48	+21:18	+08:01	13	+12:58	2	+03:50
T2	01:21:40	00:01:05	9	+00:26	-00:15	3	+00:08	1	
Finish	01:37:28	00:15:47	44	+06:22	+01:49	11	+04:11	2	+01:05
Phillis, Terry - 38									
Run1	00:28:13	00:28:13	46	+13:44	+03:56	30	+10:39	1	
T1	00:29:51	00:01:37	38	+01:03	-01:31	25	+01:03	1	
Cycle	01:17:03	00:47:11	46	+19:30	+06:13	31	+16:22	1	
Finish	01:33:22	00:16:19	48	+06:54	+02:21	31	+06:54	1	
Pilat, Joe - 51									
Run1	00:26:03	00:26:03	35	+11:33	+01:46	24	+08:28	1	
T1	00:27:07	00:01:03	21	+00:29	-02:05	16	+00:29	1	
Cycle	01:04:52	00:37:45	20	+10:03	-03:13	17	+06:55	1	
Finish	01:18:45	00:13:53	27	+04:28	-00:05	20	+04:28	1	
Pippard, Maygan - 58									
Run1	00:33:44	00:33:44	53	+19:14	+09:26	16	+15:24	2	+07:39
T1	00:34:46	00:01:02	19	+00:28	-02:07	3	+00:14	1	
Cycle	01:26:38	00:51:51	50	+24:10	+10:53	14	+15:51	2	+04:24
T2	01:27:52	00:01:13	12	+00:34	-00:07	5	+00:16	2	+00:13
Finish	01:47:03	00:19:11	52	+09:46	+05:13	15	+07:35	2	+04:30

2026-03-01 Yorkeys Knob Duathlon

Sprint Duathlon

Athlete Split Times - By Surname - Detailed

Renfree, Mark - 67	Race Time	Split Time	Pos OA	Behind OA	vs Avg OA	Pos Gen	Behind Gen	Pos Cat	Behind Cat
Run1	00:26:55	00:26:55	41	+12:26	+02:38	28	+09:21	8	+09:21
T1	00:27:58	00:01:02	18	+00:28	-02:07	14	+00:28	4	+00:03
Cycle	01:05:05	00:37:06	18	+09:25	-03:52	15	+06:17	5	+04:17
Finish	01:19:27	00:14:22	29	+04:57	+00:24	21	+04:57	6	+02:31
Rosandich, Chloe - 69	Race Time	Split Time	Pos OA	Behind OA	vs Avg OA	Pos Gen	Behind Gen	Pos Cat	Behind Cat
Run1	00:23:05	00:23:05	24	+08:35	-01:12	4	+04:45	1	
T1	00:24:30	00:01:25	33	+00:50	-01:44	9	+00:37	4	+00:37
Cycle	01:00:33	00:36:02	13	+08:20	-04:56	2	+00:01	2	+00:01
Finish	01:14:13	00:13:40	26	+04:15	-00:18	5	+02:03	3	+02:03
Ryan, Tom - 50	Race Time	Split Time	Pos OA	Behind OA	vs Avg OA	Pos Gen	Behind Gen	Pos Cat	Behind Cat
Run1	00:22:00	00:22:00	21	+07:31	-02:17	14	+04:26	3	+00:07
T1	00:23:01	00:01:00	14	+00:26	-02:08	10	+00:26	2	+00:09
Cycle	00:59:41	00:36:39	16	+08:58	-04:19	13	+05:50	2	+00:41
T2	01:00:30	00:00:49	3	+00:09	-00:32	2	+00:09	1	
Finish	01:11:31	00:11:01	7	+01:36	-02:57	6	+01:36	1	
S&C, Team - 22	Race Time	Split Time	Pos OA	Behind OA	vs Avg OA	Pos Gen	Behind Gen	Pos Cat	Behind Cat
Run1	00:21:50	00:21:50	16	+07:20	-02:28	4	+07:20	4	+07:20
T1	00:22:44	00:00:53	9	+00:19	-02:15	2	+00:07	2	+00:07
Cycle	01:05:44	00:43:00	35	+15:18	+02:02	3	+15:18	3	+15:18
Finish	01:16:58	00:11:13	10	+01:48	-02:45	2	+01:40	2	+01:40
Saggers, Louise - 77	Race Time	Split Time	Pos OA	Behind OA	vs Avg OA	Pos Gen	Behind Gen	Pos Cat	Behind Cat
Run1	00:24:06	00:24:06	27	+09:37	-00:11	5	+05:46	2	+01:01
T1	00:24:55	00:00:48	5	+00:14	-02:21	1		1	
Cycle	01:03:41	00:38:46	26	+11:05	-02:12	3	+02:45	3	+02:45
T2	01:04:39	00:00:57	6	+00:17	-00:23	1		1	
Finish	01:16:16	00:11:36	12	+02:12	-02:21	1		1	
Sandoval, Marlon - 60	Race Time	Split Time	Pos OA	Behind OA	vs Avg OA	Pos Gen	Behind Gen	Pos Cat	Behind Cat
Run1	00:18:46	00:18:46	8	+04:17	-05:31	4	+01:12	2	+00:58
T1	00:19:37	00:00:50	7	+00:16	-02:18	5	+00:16	2	+00:16
Cycle	00:53:52	00:34:14	7	+06:33	-06:44	6	+03:25	2	+02:15
Finish	01:03:36	00:09:43	3	+00:18	-04:15	2	+00:18	2	+00:18
Schnell, Tobi - 40	Race Time	Split Time	Pos OA	Behind OA	vs Avg OA	Pos Gen	Behind Gen	Pos Cat	Behind Cat
Run1	00:23:28	00:23:28	25	+08:58	-00:49	17	+05:53	1	
T1	00:24:04	00:00:35	3	+00:01	-02:33	3	+00:01	1	
Cycle	01:02:36	00:38:32	24	+10:50	-02:26	21	+07:42	3	+02:47
T2	01:03:16	00:00:39	1		-00:41	1		1	
Finish	01:15:24	00:12:08	16	+02:43	-01:50	12	+02:43	1	
Schouten, Mel - 63	Race Time	Split Time	Pos OA	Behind OA	vs Avg OA	Pos Gen	Behind Gen	Pos Cat	Behind Cat
Run1	00:41:01	00:41:01	54	+26:31	+16:44	17	+22:41	6	+22:32
T1	00:42:58	00:01:57	44	+01:23	-01:12	15	+01:09	5	+00:51
Cycle	01:49:09	01:06:10	53	+38:29	+25:12	17	+30:09	6	+26:21
T2	01:50:50	00:01:41	17	+01:01	+00:21	8	+00:44	1	
Finish	02:14:34	00:23:43	54	+14:18	+09:45	17	+12:07	6	+11:47

2026-03-01 Yorkeys Knob Duathlon

Sprint Duathlon

Athlete Split Times - By Surname - Detailed

Single Ladies, Team - 21	Race Time	Split Time	Pos OA	Behind OA	vs Avg OA	Pos Gen	Behind Gen	Pos Cat	Behind Cat
Run1	00:15:27	00:15:27	2	+00:58	-08:50	2	+00:58	2	+00:58
T1	00:31:34	00:16:07	52	+15:32	+12:58	4	+15:20	4	+15:20
Cycle	01:17:08	00:45:33	42	+17:51	+04:35	4	+17:51	4	+17:51
T2	01:17:55	00:00:47	2	+00:07	-00:33	1		1	
Finish	01:33:04	00:15:09	41	+05:44	+01:11	4	+05:37	4	+05:37
Smith, Dallas - 47	Race Time	Split Time	Pos OA	Behind OA	vs Avg OA	Pos Gen	Behind Gen	Pos Cat	Behind Cat
Run1	00:24:11	00:24:11	28	+09:41	-00:07	19	+06:36	6	+06:36
T1	00:26:49	00:02:38	48	+02:03	-00:31	31	+02:03	8	+01:39
Cycle	01:13:01	00:46:12	43	+18:30	+05:14	29	+15:22	9	+13:22
Finish	01:27:55	00:14:54	39	+05:29	+00:56	27	+05:29	8	+03:03
Starmer, Alexander - 24	Race Time	Split Time	Pos OA	Behind OA	vs Avg OA	Pos Gen	Behind Gen	Pos Cat	Behind Cat
Run1	00:17:35	00:17:35	3	+03:05	-06:42	1		1	
T1	00:24:47	00:07:12	49	+06:37	+04:03	32	+06:37	9	+06:13
Cycle	00:57:37	00:32:50	4	+05:08	-08:08	3	+02:00	1	
Finish	01:11:04	00:13:26	24	+04:01	-00:32	18	+04:01	5	+01:35
Stork, Olivia - 43	Race Time	Split Time	Pos OA	Behind OA	vs Avg OA	Pos Gen	Behind Gen	Pos Cat	Behind Cat
Run1	00:18:20	00:18:20	6	+03:51	-05:57	1		1	
T1	00:25:58	00:07:37	50	+07:03	+04:29	16	+06:49	1	
Cycle	01:11:18	00:45:19	41	+17:38	+04:21	10	+09:18	1	
T2	01:12:25	00:01:07	10	+00:28	-00:13	4	+00:10	1	
Finish	01:24:54	00:12:28	19	+03:03	-01:30	3	+00:52	1	
Swindale, Luke - 78	Race Time	Split Time	Pos OA	Behind OA	vs Avg OA	Pos Gen	Behind Gen	Pos Cat	Behind Cat
Run1	00:17:48	00:17:48	4	+03:19	-06:29	2	+00:14	1	
T1	00:18:23	00:00:35	2	+00:00	-02:34	2	+00:00	1	
Cycle	00:50:24	00:32:00	3	+04:18	-08:58	2	+01:10	1	
Finish	00:59:49	00:09:25	1		-04:33	1		1	
Taylor, Jack - 48	Race Time	Split Time	Pos OA	Behind OA	vs Avg OA	Pos Gen	Behind Gen	Pos Cat	Behind Cat
Run1	00:18:57	00:18:57	10	+04:28	-05:20	5	+01:22	2	+00:47
T1	00:19:52	00:00:54	10	+00:20	-02:15	7	+00:20	2	+00:04
Cycle	00:53:42	00:33:50	6	+06:08	-07:08	5	+03:00	2	+03:00
Finish	01:04:44	00:11:02	8	+01:37	-02:56	7	+01:37	4	+01:10
The Old Timers, Team - 23	Race Time	Split Time	Pos OA	Behind OA	vs Avg OA	Pos Gen	Behind Gen	Pos Cat	Behind Cat
Run1	00:18:54	00:18:54	9	+04:25	-05:23	3	+04:25	3	+04:25
T1	00:19:41	00:00:46	4	+00:12	-02:22	1		1	
Cycle	00:47:23	00:27:41	1		-13:17	1		1	
T2	00:48:15	00:00:52	4	+00:12	-00:28	2	+00:05	2	+00:05
Finish	00:57:48	00:09:33	2	+00:08	-04:25	1		1	
Van Der Walt, Hendrik - 45	Race Time	Split Time	Pos OA	Behind OA	vs Avg OA	Pos Gen	Behind Gen	Pos Cat	Behind Cat
Run1	00:28:56	00:28:56	48	+14:26	+04:38	32	+11:21	8	+07:02
T1	00:30:13	00:01:16	29	+00:42	-01:52	20	+00:42	5	+00:25
Cycle	01:14:50	00:44:36	37	+16:55	+03:38	26	+13:47	6	+08:39
T2	01:16:00	00:01:10	11	+00:31	-00:10	5	+00:31	3	+00:22
Finish	01:28:43	00:12:43	20	+03:18	-01:15	15	+03:18	4	+01:42

2026-03-01 Yorkeys Knob Duathlon

Sprint Duathlon

Athlete Split Times - By Surname - Detailed

Ward, Ben - 31	Race Time	Split Time	Pos OA	Behind OA	vs Avg OA	Pos Gen	Behind Gen	Pos Cat	Behind Cat
Run1	00:25:05	00:25:05	32	+10:36	+00:48	23	+07:31	6	+03:12
T1	00:27:11	00:02:05	46	+01:30	-01:04	29	+01:30	7	+01:13
Cycle	01:05:22	00:38:11	21	+10:29	-02:47	18	+07:21	3	+02:13
Finish	01:20:46	00:15:23	43	+05:58	+01:25	29	+05:58	8	+04:22

Whiteside, Oliver - 30	Race Time	Split Time	Pos OA	Behind OA	vs Avg OA	Pos Gen	Behind Gen	Pos Cat	Behind Cat
Run1	00:21:07	00:21:07	11	+06:38	-03:10	6	+03:32	1	
T1	00:21:42	00:00:34	1		-02:34	1		1	
Cycle	01:00:36	00:38:53	27	+11:12	-02:05	23	+08:04	1	
Finish	01:14:07	00:13:30	25	+04:06	-00:28	19	+04:06	1	

Williams, Amy - 80	Race Time	Split Time	Pos OA	Behind OA	vs Avg OA	Pos Gen	Behind Gen	Pos Cat	Behind Cat
Run1	00:25:46	00:25:46	34	+11:17	+01:29	7	+07:26	3	+07:17
T1	00:26:52	00:01:06	22	+00:32	-02:03	4	+00:18	1	
Cycle	01:09:18	00:42:25	33	+14:44	+01:27	6	+06:25	2	+02:37
Finish	01:24:21	00:15:02	40	+05:38	+01:04	10	+03:26	2	+03:06

Yu, Amber - 44	Race Time	Split Time	Pos OA	Behind OA	vs Avg OA	Pos Gen	Behind Gen	Pos Cat	Behind Cat
Run1	00:27:18	00:27:18	43	+12:48	+03:00	10	+08:57	5	+04:13
T1	00:28:29	00:01:11	23	+00:36	-01:58	5	+00:23	2	+00:23
Cycle	01:12:29	00:44:00	36	+16:18	+03:02	8	+07:59	4	+07:59
Finish	01:27:14	00:14:45	34	+05:20	+00:47	9	+03:08	5	+03:08