



2017-10-07 Avanti Plus Long Course – Lake Tinaroo

Category Results

Short Course Duathlon

Male Ages 15-19

Overall:

Splits:

Pos	No	Name	Finish	Cat	O.Pos	Run1	Pos	C.Pos	Cycle	Pos	C.Pos	Run2	Pos	C.Pos
1	21	Sam Paino	02:19:54	15-19	4	00:11:52	1	1	01:30:32	6	1	00:37:29	3	1

Female Ages 15-19

Overall:

Splits:

Pos	No	Name	Finish	Cat	O.Pos	Run1	Pos	C.Pos	Cycle	Pos	C.Pos	Run2	Pos	C.Pos
1	20	Klare Marcic	02:40:49	15-19	13	00:15:13	13	1	01:41:53	14	1	00:43:42	10	1

Female Ages 20-29

Overall:

Splits:

Pos	No	Name	Finish	Cat	O.Pos	Run1	Pos	C.Pos	Cycle	Pos	C.Pos	Run2	Pos	C.Pos
1	23	Tamara Menegon	02:44:17	20-29	15	00:16:36	18	1	01:38:12	11	1	00:49:28	17	1
2	22	Megan Hughes	03:28:45	20-29	26	00:17:08	23	2	02:17:09	27	2	00:54:27	20	2

Male Ages 30-39

Overall:

Splits:

Pos	No	Name	Finish	Cat	O.Pos	Run1	Pos	C.Pos	Cycle	Pos	C.Pos	Run2	Pos	C.Pos
1	24	Liam McElvanna	02:08:00	30-39	2	00:12:19	2	1	01:20:30	2	1	00:35:10	1	1
2	26	Neil McElvanna	02:11:30	30-39	3	00:12:40	4	2	01:20:38	3	2	00:38:11	4	2
3	27	Enda Brady	02:21:00	30-39	5	00:13:17	8	3	01:27:53	4	3	00:39:49	8	3
4	31	Kevin Durose	02:37:01	30-39	9	00:15:07	11	4	01:34:43	9	4	00:47:10	14	4
	25	Nick Carling		30-39	DNS									

Female Ages 30-39

Overall:

Splits:

Pos	No	Name	Finish	Cat	O.Pos	Run1	Pos	C.Pos	Cycle	Pos	C.Pos	Run2	Pos	C.Pos
1	44	Lisa Ward	02:57:28	30-39	20	00:16:17	16	1	01:46:07	18	3	00:55:02	21	1
2	30	Lena Zaltash	02:59:37	30-39	21	00:17:48	25	3	01:44:52	16	1	00:56:56	22	2
	28	Narelle Broadley		30-39	DNS									
	29	Shelley cottle		30-39	DNF	00:17:30	24	2	01:44:53	17	2			

Male Ages 40-49

Overall:

Splits:

Pos	No	Name	Finish	Cat	O.Pos	Run1	Pos	C.Pos	Cycle	Pos	C.Pos	Run2	Pos	C.Pos
1	36	Frank Duffy	02:25:24	40-49	6	00:13:25	10	1	01:29:17	5	1	00:42:41	9	1
2	32	John Thompson	02:37:25	40-49	10	00:17:03	22	5	01:31:34	7	2	00:48:47	16	3
3	41	Nigel Hales	02:38:39	40-49	11	00:15:41	14	2	01:38:22	12	4	00:44:35	11	2
4	35	Simon Holwell	02:39:30	40-49	12	00:16:37	19	4	01:32:19	8	3	00:50:33	18	4
5	43	Matt Hanson	03:20:38	40-49	24	00:16:06	15	3	01:50:23	20	5	01:14:09	26	5



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Short Course Duathlon

Female Ages 40-49

Overall:

Splits:

Pos	No	Name	Finish	Cat	O.Pos	Run1	Pos	C.Pos	Cycle	Pos	C.Pos	Run2	Pos	C.Pos
1	33	Kylie Anderson	02:51:40	40-49	17	00:16:54	20	2	01:42:14	15	1	00:52:31	19	2
2	39	Helen Smyth	02:55:06	40-49	19	00:16:35	17	1	01:51:03	23	3	00:47:26	15	1
3	40	Jo Trezise	03:09:11	40-49	22	00:19:12	27	4	01:50:33	21	2	00:59:25	23	3
4	38	Jodi Sariman	03:15:27	40-49	23	00:18:57	26	3	01:53:47	25	4	01:02:42	24	4
5	34	Amanda Hanson	03:20:59	40-49	25	00:20:15	28	5	01:57:59	26	5	01:02:44	25	5
	37	Julia Cox		40-49	DNS									
	42	Mary-Anne Elkington		40-49	DNS									

Mixed Team

Overall:

Splits:

Pos	No	Name	Finish	Cat	O.Pos	Run1	Pos	C.Pos	Cycle	Pos	C.Pos	Run2	Pos	C.Pos
1	51	Team Cassowary Coast Flyers	02:07:55	Team	1	00:12:35	3	1	01:19:34	1	1	00:35:46	2	1
2	52	Team Whip dab yeet	02:28:27	Team	7	00:13:19	9	5	01:35:57	10	2	00:39:10	6	3
3	54	Team SJ Slugs	02:32:00	Team	8	00:13:14	7	4	01:39:26	13	3	00:39:19	7	4
4	55	Team MAD Dads	02:44:04	Team	14	00:12:49	6	3	01:52:09	24	6	00:39:05	5	2
5	56	Team Old Legend - Young Gu	02:47:57	Team	16	00:15:10	12	6	01:47:18	19	4	00:45:28	12	5
6	53	Team MAD Mums	02:53:16	Team	18	00:16:54	21	7	01:50:40	22	5	00:45:41	13	6
	57	Team Just in Time		Team	DNF	00:12:46	5	2						
	50	Team LMN		Team	DNS									



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Category Results

Long Course Duathlon

Male Ages 18-19

Overall:

Splits:

Pos	No	Name	Finish	Cat	O.Pos	Run1	Pos	C.Pos	Cycle	Pos	C.Pos	Run2	Pos	C.Pos
1	1	Tyson Sundman	03:47:53	18-19	2	00:20:59	1	1	02:12:20	2	1	01:14:33	1	1

Female Ages 20-29

Overall:

Splits:

Pos	No	Name	Finish	Cat	O.Pos	Run1	Pos	C.Pos	Cycle	Pos	C.Pos	Run2	Pos	C.Pos
1	2	Megan Hendry	03:58:19	20-29	4	00:22:58	5	1	02:19:27	5	1	01:15:54	4	1

Male Ages 30-39

Overall:

Splits:

Pos	No	Name	Finish	Cat	O.Pos	Run1	Pos	C.Pos	Cycle	Pos	C.Pos	Run2	Pos	C.Pos
1	5	Adrian Whittaker	03:50:17	30-39	3	00:21:28	3	1	02:13:20	3	1	01:15:28	3	1

Female Ages 30-39

Overall:

Splits:

Pos	No	Name	Finish	Cat	O.Pos	Run1	Pos	C.Pos	Cycle	Pos	C.Pos	Run2	Pos	C.Pos
1	3	Rikki Anderson	04:14:02	30-39	6	00:23:23	7	1	02:21:12	6	1	01:29:25	6	1
	4	Lisa Ward		30-39	DNS									

Male Ages 40-49

Overall:

Splits:

Pos	No	Name	Finish	Cat	O.Pos	Run1	Pos	C.Pos	Cycle	Pos	C.Pos	Run2	Pos	C.Pos
1	6	Michael Haseldine	03:47:53	40-49	1	00:21:01	2	1	02:12:13	1	1	01:14:39	2	1
2	7	Tate Jones	04:03:35	40-49	5	00:22:06	4	2	02:16:03	4	2	01:25:25	5	2
3	9	Chuck Mammers	04:40:37	40-49	8	00:23:22	6	3	02:32:15	7	3	01:44:58	9	4
4	10	Trevor Garvey	04:46:36	40-49	9	00:26:41	9	4	02:40:15	10	4	01:39:39	8	3

Female Ages 40-49

Overall:

Splits:

Pos	No	Name	Finish	Cat	O.Pos	Run1	Pos	C.Pos	Cycle	Pos	C.Pos	Run2	Pos	C.Pos
	8	Carmel Hickey		40-49	DNS									

Male Ages 50-59

Overall:

Splits:

Pos	No	Name	Finish	Cat	O.Pos	Run1	Pos	C.Pos	Cycle	Pos	C.Pos	Run2	Pos	C.Pos
1	13	Guy Trezise	04:35:30	50-59	7	00:23:33	8	1	02:37:13	8	1	01:34:43	7	1
2	12	Sean Hampson	04:57:55	50-59	10	00:27:13	10	2	02:40:06	9	2	01:50:34	10	2
	11	Robert Macfarlane		50-59	DNF	00:27:09			02:39:47					



Facebook



Upcoming

2017-10-07 Avanti Plus Long Course – Lake Tinaroo

Category Results

Kids/Junior Duathlon

Male Juniors

Overall:

Splits:

Pos	No	Name	Finish	Cat	O.Pos	Run1	Pos	C.Pos	Cycle	Pos	C.Pos	Run2	Pos	C.Pos
1	61	Liam James	00:13:35	Juniors	1	00:03:37	1	1	00:05:55	1	1	00:04:02	2	2
2	64	Alistair Hickey	00:13:56	Juniors	2	00:03:48	2	2	00:06:07	2	2	00:03:59	1	1
3	63	Niall Hickey	00:15:42	Juniors	3	00:04:24	4	4	00:06:48	5	5	00:04:29	3	3
4	65	Ryan Hogg	00:16:24	Juniors	4	00:04:04	3	3	00:06:24	3	3	00:05:55	5	4
5	62	Harry Rudd	00:19:40	Juniors	6	00:05:24	6	5	00:06:46	4	4	00:07:29	6	5

Female Juniors

Overall:

Splits:

Pos	No	Name	Finish	Cat	O.Pos	Run1	Pos	C.Pos	Cycle	Pos	C.Pos	Run2	Pos	C.Pos
1	60	Roné Thompson	00:16:51	Juniors	5	00:04:42	5	1	00:06:55	6	1	00:05:14	4	1