

2014 08 20 Crocs Newsletter

To our dedicated Crocs Members and other interested triathletes,

I would like to take this opportunity to update you on the clubs activities and inform you of some exciting activities over the coming months.

Firstly, thank you to the members that have provided feedback for our next race in Mission Beach. The consensus of members chose to **change the date to Sunday 5th October**. This is the last weekend of the school holidays and also the Labour Day long weekend.

Several of our regular volunteers will be away at Worlds in Canada over the coming month so we are looking for an Event Manager to take responsibility for organizing the event. This includes applying for Council and Police permits, etc. Help will be available (there is an easy to follow check list) and it isn't very hard but it does take time and commitment. If you can assist please email info@cairnscrocs.org.au ASAP.

Provided we can get a firm commitment from 30 volunteers and our council and police permits are approved the race will go ahead on the above date. However, there is way too much work required to justify it unless we get the numbers. There will be a minimum number of 80 participants needed for the event to go ahead. Registrations will hopefully be open next week. Please register early so we can get the numbers. If the event doesn't go ahead you will get a full refund.

It should be a great weekend and there is an excellent selection of accommodation providers in Mission Beach. There will be a kids (7-12) Aquathlon event as well as Sprint and **Olympic** triathlon distances so it is a great opportunity to bring the whole family and make a weekend of it.

The last race of the season will be the Yorkeys Knob Triathlon on **Sunday 19th October**. We will be having our regular Enticer and Sprint triathlon distances along with kid's 7-12 Duathlon. The Duathlon was such a big hit with the kids last time we thought we would repeat it.

We are looking for an Event Manager for this race as well so if you are interested please let us know ASAP at info@cairnscrocs.org.au.

On the **22nd and 23rd November** Tablelands Council will be running Solider on Tri at Lake Tinaroo. This will also be the Peninsula U19 selection race. This event supports a great cause and should make for a great weekend with races being available for all the family.

Our trained Trystars coaches have been practicing with a small group of kids to deliver the Trystars program to our junior members (7-12 years old) in November.

Trystars is an 8 session program that goes through the sport of triathlon in a fun, game based delivery method. The cost is \$100 and includes your child's Cairns Crocs membership and Triathlon Australia membership. It also comes with a backpack which includes, a transition mat, a Trystars branded rashie, drink bottle, shoelaces, and a hat.

The kids will also receive achievement wrist bands on completion of each discipline and will then compete in their own triathlon where they'll receive a Trystars medal.

For further information or to register your child please contact info@cairnscrocs.org.au

The committee has been busy writing grants to get new equipment for the club including kids and adults bikes. These will be able to be used for lending to those that are new to the sport and don't have their own bikes.

We have also been busy in securing sponsorships deals for the club which will provide members discounts at various businesses. Further details on our new sponsors will be announced shortly.

One sponsorship deal that we are very proud to announce is Will Tri Coaching Programs. These programs cater for all ages and all abilities and are also available to our members that aren't based in Cairns. We feel this is a great extension for the club to have professionally trained coaches available for members. See the flyer here <http://www.cairnscrocs.org.au/wp-content/uploads/2014-08-20-Tri-Coaching-Programs.pdf>

We have a couple of seminars coming up in November and December. These seminars will be similar to the one that we held at James Cook University during the year. More information will be sent out next month.

On Saturday 6th December we'll be holding our 20th Anniversary Gala Dinner at Pullman Reef Casino. We are very excited about this event for our members as it's a celebration of the clubs longevity and of you, our members. We'll be having numerous awards to cover everyone from kids to volunteers and it will be a family event so children are welcome and will be catered appropriately for.

The cost of the event will be subsidised by the club so it's affordable for members to attend. Registrations will open next month and further event details will be provided.

I wanted to take this opportunity to thank all of the volunteers that have helped run all of our races this year; you are amazing people that give your time freely and without complaint. Thank you so much for your continual support of the club.

Enjoy your training everyone, and stay safe.

Liz Terrens
President
Cairns Crocs Triathlon Club