

## Long Course (5K, 20K, 2.5K)

Name	Bib #	Category	Sex	Run1	Ride	Run2	Time	Ovr Plc	Cat Plc
Nathan Sandford	61	30-39	Male	00:17:57	00:31:19	00:09:13	00:58:29	1	1
David Stevenson	67	30-39	Male	00:17:55	00:32:13	00:09:03	00:59:11	2	2
Team Mashicello	4	Mixed Team	Mixed	00:21:36	00:28:14	00:10:40	01:00:30	3	1
Cahn Butler-Channel	23	16-19	Male	00:18:24	00:33:39	00:09:31	01:01:34	4	1
Russell Singleton	63	30-39	Male	00:18:09	00:35:11	00:09:36	01:02:56	5	3
Mark Stopford	68	40-49	Male	00:19:51	00:34:16	00:10:12	01:04:19	6	1
Andrew Packer	53	20-29	Male	00:21:01	00:33:39	00:09:58	01:04:38	7	1
David Valkhoff	73	30-39	Male	00:20:12	00:34:46	00:10:35	01:05:33	8	4
Andres Real	56	30-39	Male	00:19:52	00:35:10	00:10:57	01:05:59	9	5
Team Bill & Ben	1	Female Team	Female	00:20:40	00:36:05	00:10:19	01:07:04	10	1
Bryce Honey	35	20-29	Male	00:19:41	00:37:34	00:10:48	01:08:03	11	2
Michael Lawson	41	16-19	Male	00:20:17	00:36:34	00:11:21	01:08:12	12	2
Emma Miller	49	30-39	Female	00:21:52	00:35:25	00:11:02	01:08:19	13	1
Todd Macrae	44	30-39	Male	00:22:16	00:35:50	00:10:50	01:08:56	14	6
Rohan Pratt	55	40-49	Male	00:21:09	00:37:09	00:11:20	01:09:38	15	2
Matthew Allen	15	20-29	Male	00:20:37	00:38:21	00:11:09	01:10:07	16	3
Tony Black	19	40-49	Male	00:23:11	00:36:52	00:11:10	01:11:13	17	3
Lachan McKinstry	46	16-19	Male	00:20:16	00:39:08	00:12:25	01:11:49	18	3
Paul Mychailuk	51	20-29	Male	00:21:12	00:39:03	00:11:35	01:11:50	19	4
Helena Geoghegan	31	30-39	Female	00:20:41	00:40:37	00:10:37	01:11:55	20	2
Cameron Ford	29	30-39	Male	00:22:36	00:38:20	00:11:09	01:12:05	21	7
Teri Orr	52	30-39	Female	00:20:52	00:40:47	00:10:33	01:12:12	22	3
Shane Brown	21	30-39	Male	00:22:45	00:38:53	00:10:38	01:12:16	23	8
Mark Stubbs	69	30-39	Male	00:20:56	00:40:55	00:10:57	01:12:48	24	9
Ben Anderson	16	30-39	Male	00:22:06	00:39:43	00:11:15	01:13:04	25	10
Aimee Ingram	36	20-29	Female	00:22:15	00:39:26	00:11:34	01:13:15	26	1
Rob Marks	45	30-39	Male	00:22:52	00:38:37	00:11:47	01:13:16	27	11
Peter Craig	25	50-59	Male	00:22:56	00:38:35	00:14:11	01:15:42	28	1
Team Northern Moose	2	Male Team	Male	00:24:58	00:40:54	00:10:28	01:16:20	29	1
Jess Kelly	39	30-39	Female	00:22:02	00:42:48	00:11:31	01:16:21	30	4
Leighton Russell	60	30-39	Male	00:21:29	00:42:30	00:12:34	01:16:33	31	12
Pippa McKinstry	47	16-19	Female	00:22:47	00:41:50	00:11:57	01:16:34	32	1
Adele Wright	78	40-49	Female	00:25:04	00:39:17	00:12:29	01:16:50	33	1
Conrad Symons	70	50-59	Male	00:23:48	00:40:55	00:12:50	01:17:33	34	2
David Good	33	30-39	Male	00:24:13	00:40:22	00:13:19	01:17:54	35	13
Margie Shearer	62	50-59	Female	00:22:51	00:43:29	00:11:40	01:18:00	36	1
Kris Spencer	65	30-39	Male	00:22:49	00:43:55	00:11:20	01:18:04	37	14
Jaimee Rosborough	59	30-39	Female	00:22:48	00:43:26	00:11:56	01:18:10	38	5
Lisa Monks	50	40-49	Female	00:24:05	00:42:11	00:12:29	01:18:45	39	2
Shaun Tait	72	20-29	Male	00:24:04	00:42:54	00:12:23	01:19:21	40	5
Fred Ariel	17	60-69	Male	00:22:44	00:45:18	00:11:38	01:19:40	41	1
Andrew Butler	22	50-59	Male	00:26:13	00:40:24	00:13:13	01:19:50	42	3
Amanda Wollin	77	40-49	Female	00:25:05	00:42:05	00:13:35	01:20:45	43	3
Team Lab Rats	5	Male Team	Male	00:23:01	00:46:25	00:11:21	01:20:47	44	2
Karen Lloyd Collins	42	40-49	Female	00:25:25	00:42:24	00:13:12	01:21:01	45	4
Kitey Riepen	58	20-29	Female	00:25:11	00:42:55	00:12:59	01:21:05	46	2
David Bragg	20	50-59	Male	00:26:07	00:42:04	00:12:57	01:21:08	47	4
Jo Van Gorp	74	30-39	Female	00:26:12	00:41:36	00:14:09	01:21:57	48	6
Dianne Power	54	50-59	Female	00:26:10	00:43:20	00:13:39	01:23:09	49	2
Team MJ	3	Female Team	Female	00:24:40	00:46:21	00:12:09	01:23:10	50	2
Eleanor Doyle	26	40-49	Female	00:25:20	00:45:05	00:12:54	01:23:19	51	5
Kath Kinneally	40	40-49	Female	00:25:54	00:44:26	00:14:26	01:24:46	52	6
Megan Fanning	28	30-39	Female	00:25:53	00:44:26	00:14:31	01:24:50	53	7
David Skinner	64	60-69	Male	00:22:54	00:50:38	00:12:40	01:26:12	54	2
Natalie Waller	75	30-39	Female	00:26:54	00:46:26	00:14:01	01:27:21	55	8
Kathy Jenkin	38	50-59	Female	00:27:50	00:45:22	00:14:17	01:27:29	56	3
Team Strata Devils	11	Male Team	Male	00:28:32	00:45:08	00:14:26	01:28:06	57	3
Leisa Tait	71	20-29	Female	00:27:34	00:46:26	00:15:22	01:29:22	58	3
Sonia Sperling	66	40-49	Female	00:25:51	00:49:52	00:13:52	01:29:35	59	7
Celia Mackenzie	43	50-59	Female	00:27:01	00:49:32	00:13:28	01:30:01	60	4
Rosie Ball	18	40-49	Female	00:29:36	00:45:03	00:15:27	01:30:06	61	8
Heidi Gonzalez	32	40-49	Female	00:29:34	00:45:35	00:16:23	01:31:32	62	9
Katie Richards	57	30-39	Female	00:28:45	00:48:13	00:15:29	01:32:27	63	9
Danielle Charles	24	30-39	Female	00:28:15	00:47:14	00:17:18	01:32:47	64	10
Doug Mckinstry	48	40-49	Male	00:27:39	00:53:05	00:16:32	01:37:16	65	4

**Short Course (2K, 10K, 1K)**

Name	Bib #	Category	Sex	Run1	Ride	Run2	Time	Ovr Plc	Cat Plc
Tyson Sundman	111	13-15	Male	00:06:42	00:19:15	00:03:26	00:29:23	1	1
Team Barra Boys	8	Male Team	Male	00:07:29	00:18:41	00:03:15	00:29:25	2	1
Team D and D	10	Male Team	Male	00:07:58	00:19:51	00:03:40	00:31:29	3	2
Hannah Hardy	99	13-15	Female	00:07:39	00:20:02	00:04:11	00:31:52	4	1
Team Golden Sheep	7	Male Team	Male	00:07:50	00:20:05	00:04:27	00:32:22	5	3
Kate Hardy	98	16-19	Female	00:07:31	00:21:02	00:03:59	00:32:32	6	1
Nathanael Davidson	87	13-15	Male	00:07:38	00:20:39	00:04:25	00:32:42	7	2
Clint L'Estrange	103	30-39	Male	00:08:16	00:20:39	00:04:20	00:33:15	8	1
Josiah Davidson	86	11-12	Male	00:07:07	00:22:54	00:03:41	00:33:42	9	1
Kyle Reeve	108	30-39	Male	00:07:33	00:22:09	00:04:13	00:33:55	10	2
Poppy Boltz	83	13-15	Female	00:07:45	00:22:25	00:04:05	00:34:15	11	2
damien Smith	110	40-49	Male	00:07:47	00:22:21	00:04:11	00:34:19	12	1
Team The Randoms	9	Mixed Team	Mixed	00:08:20	00:22:10	00:03:52	00:34:22	13	1
Toby Gillen	93	11-12	Male	00:06:43	00:24:42	00:03:27	00:34:52	14	2
Finlay Doyle	89	11-12	Male	00:07:52	00:23:55	00:04:19	00:36:06	15	3
Michael Denman	88	30-39	Male	00:09:52	00:20:49	00:05:47	00:36:28	16	3
Alex Butler	84	13-15	Male	00:08:18	00:23:31	00:04:45	00:36:34	17	3
Cameron Greenland	96	13-15	Male	00:07:56	00:25:30	00:03:49	00:37:15	18	4
Sean Hunter	100	20-29	Male	00:07:42	00:26:06	00:03:34	00:37:22	19	1
Kaya Shults	109	11-12	Female	00:07:49	00:24:31	00:05:04	00:37:24	20	1
Rakim Vandrewolf	115	13-15	Male	00:08:23	00:24:05	00:05:01	00:37:29	21	5
Sarayor Ahern	79	20-29	Female	00:09:42	00:22:30	00:05:35	00:37:47	22	1
Team Dinka Inc	6	Female Team	Female	00:08:07	00:26:20	00:03:48	00:38:15	23	1
Vlasta Eriksson	90	40-49	Female	00:09:47	00:23:16	00:05:24	00:38:27	24	1
Brenda Taylor	112	30-39	Female	00:09:33	00:24:53	00:04:10	00:38:36	25	1
Marissa Trevor	114	20-29	Female	00:10:07	00:23:13	00:05:44	00:39:04	26	2
Tammy Baker	81	30-39	Female	00:09:39	00:25:54	00:04:11	00:39:44	27	2
Michael Etherington	92	50-59	Male	00:10:09	00:23:47	00:05:51	00:39:47	28	1
Jenny H	97	13-15	Female	00:09:35	00:26:07	00:04:39	00:40:21	29	3
Lena Zaltash	118	30-39	Female	00:09:29	00:26:05	00:04:54	00:40:28	30	3
Natalie Thompson	113	30-39	Female	00:09:55	00:25:54	00:05:06	00:40:55	31	4
Francoise Peltain	107	50-59	Female	00:10:19	00:25:09	00:05:45	00:41:13	32	1
Jock Willmott	117	13-15	Male	00:09:27	00:28:47	00:04:50	00:43:04	33	6
Rod Greenland	95	40-49	Male	00:09:22	00:29:37	00:04:51	00:43:50	34	2
ElvaMetcalf	105	30-39	Female	00:11:01	00:26:31	00:06:32	00:44:04	35	5
Fiona Justin	102	40-49	Female	00:13:30	00:24:06	00:07:02	00:44:38	36	2
Gordon Paris	106	50-59	Male	00:12:09	00:26:01	00:06:37	00:44:47	37	2
Louise Marks	104	40-49	Female	00:11:04	00:27:39	00:06:10	00:44:53	38	3
Jane Willmott	116	40-49	Female	00:10:54	00:28:20	00:06:07	00:45:21	39	4
Lynda Etherington	91	40-49	Female	00:12:22	00:26:33	00:06:31	00:45:26	40	5
Cox Julia	101	40-49	Female	00:12:45	00:26:06	00:07:03	00:45:54	41	6
Natasha Chapman	85	16-19	Female	00:15:56	00:42:50	00:09:28	01:08:14	42	2