

Course Maps

Home:Away:

Lake Placid Triathlons (pdf)

Yorkeys Knob Sprint Series (pdf)

Pete's Bridge Triathlon:

Transition

Swim Long 750m, [Short 400m]

Ride 1 lap, [Profile], Turnaround: [Long], [Short]

Run 1 lap, [Profile], Turnaround: [Long], [Short]

Tri de Femme - Windmill College Kewarra:

Transition (jpg), [Front view]

Ride 2 laps (jpg), [Turn 2], [Turn 3]

Run 1 lap (jpg), [Turn 1], [Turn Around]

raw (jpg)

Port Douglas Long/Short course - SLSC:

Transition

Swim

Ride: [Long], [Profile], [Map & Profile],

[Short (lap)], [Short (lap) alt]

Run (lap), [Profile]

Coral Coast Port Douglas course options:

- Sheraton Mirage Transition [Car park]:

Swim 750m lap

Bike 10k lap,

Run 5k lap [Resort and Beach run],

Run 5k lap alt, [Road run],

- SLSC Transition:

Transition,

Swim 750m lap

Swim 1.5km 'M' alt

Ride ~10k lap,

Ride ~10k lap alt,

Run 2.5k lap,

Goondiwindi Hell of The West Triathlon [Jan|Feb]:

All (gif) (site)

Geelong 70.3 [Feb]:

Swim 1.9(pdf)

Ride 90.1 (pdf)

Run 21.1 (pdf)

Transition (pdf)

Shepparton Half IRONMAN [Nov]:

Ride 90.1 (jpg)

Ride 90.1 (GMap)

Run 21.1 (GMap)

Canberra Half IRONMAN [Dec]:

Swim 1.9(jpg)

Ride 93 (jpg)

Run 21.1 (jpg)