

# 2010 RACE CALENDAR

<b>Date</b>	<b>Event</b>	<b>Distance</b>	<b>Venue</b>	<b>Contact</b>
January 03	Tassie Sprint Champs	750/20/5		<a href="http://www.triathlontasmania.org">www.triathlontasmania.org</a>
January 09	Tauranga Half IM	1.9/90.1/21.1km	NZ	See web
January 10	Cadbury Marathon	42.2 and 21.km	Hobart, TAS	See web
January 10	ACT Sprint Champs	750/20/5	Canberra	<a href="http://www.triathlonact.com.au">www.triathlonact.com.au</a>
January 10	VIC Olympic Distance Champs	1.5/40/10	Sandringham	<a href="http://www.supersprint.com.au">www.supersprint.com.au</a>
January 16	Challenge Wanaka	3.8/180/42.2	Wanaka NZ	<a href="http://www.challenge-wanaka.com">www.challenge-wanaka.com</a> Go Dougal & Becks!
January 24	Australian Olympic Distance Champs	1.5/40/10 also hosting a sprint 750/20/5	Canberra	See web
January 31	Mackay Tri Club Entice, Enduro or Epic	100swim/6km bike/2km run x 1, 2 or 3-your choice	Mirani Pool 7.30am	Brendan 0428 844 428
January 31	WA Olympic Distance Champs	1.5/40/10	Perth	<a href="http://www.trievents.com.au">www.trievents.com.au</a>
January 31	Goondiwindi Hell of the West	1.9/80/21.1	Goondiwindi	<a href="http://www.hellofthewest.com">www.hellofthewest.com</a>
February 7	Geelong 70.3	1.9/90.1/21.1km	Geelong	<a href="http://www.ironmanoz703.com">www.ironmanoz703.com</a>
February 7	SA Sprint Champs	750/20/5		<a href="http://www.eventstrategies.com.au">www.eventstrategies.com.au</a>
February 12-13	Speights Coast to Coast	Adventure Race	NZ	Go Dougal!
February 14	Tassie Olympic Distance Champs	1.5/40/10	Devonport	<a href="http://www.t3events.com.au">www.t3events.com.au</a>
February 14	SA Olympic Distance Champs	1.5/40/10		<a href="http://www.kingstonsetriathlon.com">www.kingstonsetriathlon.com</a>
February 21	Vic Sprint Champs	750/20/5	Sandringham	<a href="http://www.starttofinish.com.au">www.starttofinish.com.au</a>
February 21	Balnagowan Sprint Tri	750/20/5	Balnagowan 7.30am	Juanita Joy 0432 811 820
February 21	Qld Sprint Champs	750/20/5	Redcliffe	<a href="http://www.triathlonqld.com.au">www.triathlonqld.com.au</a>
February 21	Australian Long Course Champs	2/83/20	Jervis Bay, NSW	<a href="http://www.eliteenergy.com.au">www.eliteenergy.com.au</a>
February 28	NSW Sprint Champs	750/20/5	Kurnell	<a href="http://www.trinswrace.org">www.trinswrace.org</a>
March 7	Ladies Only Tri	100/6/2	TBA	Alison 4955 5055
March 6	IM NZ	3.8/180.2/42.2km	Taupo, NZ	<a href="http://www.ironman.co.nz">www.ironman.co.nz</a> Go Steve & Tricia!
March 13	6 Foot Track Marathon	45km Bush Run	Blue Mountains NSW	See web
March 21	Pioneer Pool Aquathon	400/2/400/2/400/1	Pioneer Pool	Rob Hill 4954 6501
March 21	NSW Olympic Distance Champs	1.5/40/10	Newcastle	<a href="http://www.trinswrace.org">www.trinswrace.org</a>
March 28	Mooloolaba Tri	1.5/40/10	Mooloolaba	<a href="http://www.usmevents.com.au">www.usmevents.com.au</a>
March 28	Ironman Australia	3.8/180/42.2	Port Macquarie	See web
April 4	Herald Hill Run	21.1 and 10km	Newcastle	See web
April 16-18	Julia Creek Dirt n Dust Festival	800/25/5	Julia Creek	<a href="http://www.dirtndust.com">www.dirtndust.com</a>

April 11	Canberra Marathon	42.2km	Canberra	<a href="http://www.canberramarathon.com.au">www.canberramarathon.com.au</a>
April 18	Luke Harropp Memorial	750/20/5	Gold Coast	<a href="http://www.usmevents.com.au">www.usmevents.com.au</a>
April 18	Mackay Olympic Distance Tri	1.5/40/10	Mackay	Lisa Harding 4954 6208
April 17/18	Relay for Life	As far or little as you like – raise \$!	Cannonvale	Wendy Downes
May 1	WA Long Course Champs	1.9/90/21.1	Busselton	<a href="http://www.busseltonhalf.com">www.busseltonhalf.com</a>
May 2	Hilly Half Marathon, Relay and Kids Run	21.1, 3 x7km legs or 2km Kids Run	Hamilton Island	Steve Jackson 0408 236 483
May 9	Mothers Day Classic	Various distances	Various venues	<a href="http://www.mothersdayclassic.org">www.mothersdayclassic.org</a>
May 9	Byron Bay Triathlon	1.5/40/10	Byron Bay NSW	<a href="http://www.byronbaytri.com">www.byronbaytri.com</a>
May 16	Laura's Tri	Sprint or Olympic	Mackay Surf Club	Narelle 0400 456 621
May 16	Brisbane Marathon	10/21.1/42.2	Southbank Brisbane	See web
May 15-16	Great Ocean Road Marathon	6.5, 14, 23, 45	Victoria	<a href="http://www.greatoceanroadmarathon.com.au">www.greatoceanroadmarathon.com.au</a>
May 16	Wanda Extreme 6	6km Sandhill run!	Wanda, Sydney	<a href="http://www.jockathletic.com">www.jockathletic.com</a>
Mid May	Ayr Half Marathon	Various	Ayr	See web
May 22-23	Noosa Winter Festival	1 or 2km swim 100 or 160km ride 21.1, 10 or 5 run	Noosa	<a href="http://www.usmevents.com.au">www.usmevents.com.au</a>
May 23	Half IM Swim only (3 event series)	1.9km	Mackay	Adrian Ellul 0412 393 336
May 30	Half IM Ride Only (3 event series)	90km	Mackay	Dave O'Connell 0427 554 800
May 30	King and Queen of the Castle	6.2km	Townsville	See web
June 6	Mackay Half/Half IM Run-series	21.1, 10.5 and 2.5km	Mackay Surf Club	Judy Zahn – Road Runners website
June 13	IronmanJapan	3.8/180/42.2	Goto, Nagasaki	<a href="http://www.ironmanjapan.com">www.ironmanjapan.com</a>
June 20	MackayTyrepower King of the Mountain	6.4km Ride or 6.4km Run	Eungella	Alison Friswell 0428 875 482
June 26	King of the Mountain	7.6km	Hamilton Island	Steve Jackson 0408 236 483
July 3-4	Gold Coast Marathon	5, 10, 21.1 & 42.2km	Gold Coast	<a href="http://www.goldcoastmarathon.com.au">www.goldcoastmarathon.com.au</a>
Mid July	Noosa Enduro	10,50 or 100km Mountain Bike	Noosa	<a href="http://www.usmevents.com.au">www.usmevents.com.au</a>
July 18	Paluma Push	42 or 60km Mountain Bike	Paluma Village	<a href="http://www.palumapush.com">www.palumapush.com</a>
July 18	Magnetic Island to Townsville Swim	8km ocean swim	Townsville	See web
July 18	Hunter Valley Running Festival	42.2, 21.1, 10, 6.25km	Hunter Valley NSW	See web
July ??	Run for a Cure	2.5, 5 or 10k	Airlie Beach	Wendy Downes
August 8	Townsville Running Festival	5, 10, 21.1 and 42.2k	Townsville	See web
August 9	City to Surf	14km	Sydney	<a href="http://www.city2surf.sunherald.com.au">www.city2surf.sunherald.com.au</a>
Mid-August	Yeppoon Half Ironman	1.9/90/21.1	Yeppoon	<a href="http://www.capricornhalf.com">www.capricornhalf.com</a>

August 20-28 Audi Race Week Lay Day Events	Marina Mile, Ocean Swim and Kids Biathlon	1609m Run, 1.5km Swim and kids biathlon	Hamilton Island	Steve Jackson 0408 236 483
August 29	Bridge to Brisbane	5km and 10km	Brisbane	<a href="http://www.bridgetobrisbane.com.au">www.bridgetobrisbane.com.au</a>
Sep 4-5	Airlie Tri	750/20/5	Airlie Beach	Wendy Downes
Sep 8-12	ITU World Triathlon Champs	Various. World ITU, Age Gp & open participation races	Budapest	See web
September ??	Run the Great Whitsunday Walk	28km	Airlie Beach	TBA
Early October	Gold Coast Half Ironman	1/33/7 or 1.9/90/21.1	Gold Coast	<a href="http://www.usmevents.com.au">www.usmevents.com.au</a>
October 9	Hawaii Ironman	3.8/180.2/42.2km	Kona, USA	See web
October 10	Melbourne Marathon	5km, 10km, 21.1k, 42.2k	Melbourne	<a href="http://www.melbournemarathon.com.au">www.melbournemarathon.com.au</a>
October 17	Bowen Triathlon	750/20/5	Bowen	William Dawson 0419 203 787
October ??	Port Douglas Long Course	2/80/20	Port Douglas Surf Lifesaving Club	Ivan Whittle 0417 617 031
Oct 27-31	Noosa Triathlon Festival	1.5/40/10 plus support events	Noosa	<a href="http://www.usmevents.com.au">www.usmevents.com.au</a>
Early November	Port Macquarie Half Ironman	1.9/90.1/21.1	Port Macquarie NSW	See web
Mid November	Shepparton Half Ironman	1.9/90.1/21.1	Shepparton VIC	See web
November 7-12	Tri Workshop	Learning	Hamilton Island	Steve Jackson 0408 236 483
November 12	Whitehaven Swim	1km & 2km options	Whitehaven Beach	Steve Jackson or Neil McDonald
November 14	Hamilton Island Triathlon	Sprint Tri – Sunday 750/20/5	Hamilton Island	Steve Jackson
November 28	Phuket Triathlon	1.8/55/12	Phuket Thailand	Andy Trigg!! <a href="http://www.lagunaphuket.com/events/triathlon">www.lagunaphuket.com/events/triathlon</a>
Early December	Ironman WA	3.8/180/42.2	Busselton WA	See web
December 5	Phuket 70.3	1.9/90/21	Phuket, Thailand	<a href="http://www.ironmanasiapacific.com">www.ironmanasiapacific.com</a>
Mid December	Canberra Half Ironman	1.9/90.1/21.1	Canberra ACT	See web

- STILL TO BE ADDED – Hamilton Island Splash n Dash Series (once a month July to November), June-Dec Mackay Tri Club races, Brisbane marathon, Townsville Tri, Cairns Tri,
- If there are other races we should know about – let me know the dates and I'll add them on! Once I have more details I will also update!
- Calendars to check – For running: Cool Running, Mackay and Townsville Road Runners. For Triathlons: Mackay Tri club, USM Events, Triathlon Australia and Triathlon Queensland